

# NewsyBITS



## THE CONFLUENCE HISTORIC SITE & PARKLAND

In spring 2024, Fort Calgary changed its name to [The Confluence Historic Site & Parkland](#). Located where the Bow and Elbow rivers meet, the confluence of the Bow and Elbow rivers is a place of Indigenous gathering and ceremony steeped in thousands of years of tradition and history.



The Confluence Historic Site & Parkland was built at this site in 1875 by the Northwest Mounted Police, today's RCMP. The land is home to many complex stories that span thousands of years. Visitors can explore exhibits about Treaty 7, Métis influence in Alberta and the founding and early stages of the city of Calgary, check out the replica 1888 Barracks, and take a self-guided audio tour of the parklands. Programming includes walking tours of the land, workshops, movies and community-building opportunities. Much of the programming focusses on Indigenous culture and history and is developed and led by members of Indigenous communities.



## ICONIC EATS OF CALGARY FOOD TOUR

Alberta Food Tours is excited to launch the NEW [Iconic Eats of Calgary Food Tour](#) in September 2024. This experience is tailored for food enthusiasts wanting to broaden their palates or visitors keen to experience Calgary like a local.

Eat the iconic foods of Calgary in the heart of downtown on this fully-guided tour. Absorb vivid stories of the blue sky city's history, art, and culture while tasting 4 food and beverage pairings from stellar venues in the heart of the city's culinary world. Enjoy a 1.5 kilometer easy walking and tasting journey, exploring diverse food offerings in a 2.5 hour time span. Included are 2 savoury and 2 sweet tastings. The beloved Grande Dame of Calgary Hotels, The Fairmont Palliser, anchors the tour with a chef's demo and three tastings plus a take home recipe. From there stroll historic Stephen Avenue for another satiating savoury tasting followed by a stop at a premiere bean to bar chocolate maker before finishing with a soul satisfying dessert.



For more information, please contact Mito Ota – Manager, Travel Trade & Services [mitoo@tourismcalgary.com](mailto:mitoo@tourismcalgary.com) or visit [www.visitcalgary.com](http://www.visitcalgary.com)

Photo Credit: Tourism Calgary | The Confluence | Fairmont Palliser | Chocolate Lab

