

NewsyBITS

Member Organization: *The Westin Bayshore, Vancouver*

Headline: *Discover Your Road to Renewal at The Westin Bayshore, Vancouver*

News Content:

- The Westin Bayshore, Vancouver is your gateway to revitalization. A hub for well-being, the hotel offers a variety of year-round signature wellness programs to promote a feeling of excellence, amid food and beverage offerings that recharge body and mind.
- **Cedar Barrel Saunas:**
 - Warm up in luxury with a soothing session in one of three cedar wood barrel saunas. Immerse yourself in a true West Coast experience framed in a fragrant knotted cedar wood interior while admiring Vancouver's charming coastal and mountainous surroundings. Discover the healing benefits outdoor saunas can provide, including: relaxation, detoxification, muscle recovery, and a deeper slumber. Nestled in the tranquility of our Bayshore Courtyard, each 10' cylindrical sauna accommodates 6 – 8 guests.
- **Peloton® + WestinWORKOUT® Fitness Studio**
 - The Westin Bayshore is proud to introduce the latest addition to their facilities, the brand new Peloton® + WestinWORKOUT® Fitness Studio. The only one of its kind in Vancouver, the studio features six state-of-the-art Peloton bikes available to guests at no additional charge. With 24/7 unlimited rides and access to classes, avid Peloton fans can maintain their streaks while on the road and curious travellers are welcome to explore any live or on-demand class with no commitment. Not a Peloton member? Speak to the Front Desk at check-in for assistance with setting up an account.
- **RunWESTIN**
 - Get ready to rise and kick-start your holistic retreat with an exhilarating guided run led by a team of hotel associates. The RunWESTIN program is a 3- or 5-kilometre guided run that aims to bring together a community of like-minded individuals to connect along Vancouver's iconic seawall. Runners of all levels are welcome.
- **BikeWESTIN**
 - Play a role in Vancouver's eco-friendly culture and discover the robust network of bike trails running through every inch of the city, including Stanley Park and False Creek. Our BikeWESTIN program features select complimentary bikes available to rent for up to two hours on a first-come, first-served basis.

Logo: [Linked here](#)

Picture: https://www.dropbox.com/sh/ib4noe2j0ipvpqo/AABRjpJE7y3-UYrrDdYkikV_a?dl=0

Web link: www.westinbayshore.com